



## IgE Food Allergy Test

Itching after eating? Our body releases histamine when exposed to an allergen, which manifests as allergic reaction. You may experience itching or reddening of skin, are commonly found in many food:

- ✓ Beef
- ✓ Pork
- ✓ Chicken
- ✓ Apple
- ✓ Banana
- ✓ Pineapple
- ✓ Carrot
- ✓ Corn Flo.
- ✓ Egg White
- ✓ Egg Yolk
- ✓ Soya Bean
- ✓ Milk
- ✓ Garlic
- ✓ Almond
- ✓ Peanut
- ✓ Cashew Nut
- ✓ Shrimp
- ✓ Crab
- ✓ Clam
- ✓ Marine Animal Mix

Know which food allergens affect you.  
Ask us about our less invasive allergy testing